

Februar Special

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
09:30 – 10:30 Morning Yoga (Link 3) - Jenny	10:30 – 11:00 Morning Yoga & Stretch (Link 2) – Sarah	09:30 – 10:30 Body Workout (Link 3) - Anja			10:00 – 11:00 Akrobatik-Workout (Link 1) – Megan & Mina
15:30 – 16:30 kreativer Kindertanz ab 5 J. (Link 3) - Swenja	15:00 – 15:45 Kindertanz 4 – 6 J. Peanuts (Link 1) - Bärbel				
16:30 – 17:15 Kreativer Kindertanz 3 – 5 J. Bubbles / Stepps (Link 1) - Bärbel	16:00 – 16:45 Kindertanz Ab 5 J. - Lollipops (Link 1) – Patricia	16:00 – 17:00 Kindertanz 7 – 10 J. Tanzmäuse (Link 1) - Bärbel	16:00 – 17:00 kreativer Kindertanz ab 3 J. (Link 3) - Diana		
17:30 – 18:30 Kindertanz 5 – 8 J. Footprints (Link 1) - Bärbel	17:30 – 18:30 Hip Hop Kids ab 7 J. (Link 2) – Romy	17:30 – 18:30 Fatburner (Link 1) – Anna & Lisa		17:00 – 18:00 Ballett (Link 3) – Razvan 17:00 – 18:00 Dance Workout (Link 1) – Johanna	
18:00 – 19:00 Dance it Out 7 – 12 Jahre (Link 2) – Charlotte	18:00 – 19:00 Bodyshape (Link 1) – Isi	18:30 – 19:30 Hip Hop *Fortgeschrittene (Link 3) – E.T.	18:00 – 19:00 Afro-Dance (Link 4) – Sarah	18:00 – 19:00 Chair-Dance (Link 1) – Johanna	
18:00 – 19:00 Commercial Pop *Anfänger (Link 3) – Angelik	18:30 – 19:30 Barre Workout (Link 3) – Razvan		18:00 – 19:00 Hip Hop *Fortgeschrittene (Link 1) – Marcel	18:15 – 19:15 Body & Soul (Link 3) – Anja	
19:00 – 20:00 Dance & Shape (Link 1) – Alina & Lara	19:00 – 20:00 Fitness nach Energy Dance Methode (Link 2) – Martin		18:15 – 19:15 Dance Workout (Link 2) – Josy 19:00 – 20:00 Modern – Ballett (Link 1) – Lena Rabe	19:00 – 20:00 Yoga – Deep Stretch (Link 2) – Sarah	
19:30 – 20:30 Body-Workout (Link 3) – Anja	19:45 – 20:45 Ballett (Link 3) – Razvan	19:00 – 20:00 Latin-Solo Style (Link 1) – Marcel	20:00 – 21:00 Zumba (Link 2) – Alesja		
		19:45 – 20:45 Yoga (Link 3) – Jenny			